

SERVICES PROVIDED	WHO CAN REFER?	HOW TO REFER?	SERVICE LOCATION
Eastern Health – Breast Outpatient Clinic			
Box Hill Hospital Multidisciplinary service staffed by surgeons, oncologists & breast care nurses Run in conjunction with the Breast Oncology Clinic Conducted on Thursday mornings The following services are available: <ul style="list-style-type: none"> ➤ Assessment and diagnostic investigation of breast conditions ➤ Comprehensive and individualised for the treatment of breast cancer ➤ Surgical services available for breast cancer include breast preservation surgery, reconstructive surgery and sentinel lymph node biopsy 	Referrals by medical staff only	Phone: 9895 4980 Fax: 9895 4852 Referrals should include copies of any mammograms / ultrasounds performed & copies of any relevant pathology or blood tests	Box Hill Hospital Outpatients Department 4th Floor
Eastern Health – Breast Care Nurses			
Box Hill Hospital <ul style="list-style-type: none"> ➤ Information, education, counselling and support to women & their families ➤ Diagnosis, postoperative, outpatient & telephone follow-up & support ➤ Information on fitting of breast prostheses ➤ Education to staff, community and health professionals on issues related to the ongoing management of breast diseases ➤ Discussion & referral to support services 	Referrals by medical & allied health staff Patients can also self refer	Phone: 9895 4002 Pager: 9895 3333 # 3980 Breast Care Nurse: Sandra Mills Email: sandra.mills@easternhealth.org.au	Box Hill Hospital Outpatients Department 4th Floor
Eastern Health – Breast Outpatient Clinic			
Maroondah Hospital Multidisciplinary service staffed by surgeons, oncologists, breast care nurses, counsellors & research nurses The clinic offers expert clinical advice in the diagnosis, treatment and long term management of benign and malignant conditions affecting the breast The clinic is staffed Monday - Friday 8.30am – 5.00pm	Referrals by medical staff only Urgent referrals should be made by phone General referrals can be made via fax	Phone: 9871 3582 Fax: 9871 3588 Email: breast.clinic@maroondah.org.au Breast Care Nurses: Mary-Anne Dennemoser & Christine Gray Phone: 9871 3586 Pager: 9871 3333 # 0076	Maroondah Breast Clinic 20 Grey Street RINGWOOD EAST
Eastern Health – Look Good Feel Better Program			
Box Hill & Maroondah Hospitals This program aims to help people manage the appearance-related side effects of chemotherapy, surgery and radiotherapy; thereby helping to restore their appearance & self image <ul style="list-style-type: none"> ➤ A free service for women undergoing or about to undergo surgery, radiotherapy or chemotherapy for cancer ➤ Workshops are 2 hrs in duration & are conducted by specially trained and experienced beauty professionals ➤ Participants are only able to attend one workshop ➤ Workshops at Maroondah are run 4 times per year & 6 times per year at Box Hill 	Health professionals Patients can also self refer	Maroondah program: Phone: 9871 3586 or 9871 3333 # 0076 Contact: Mary-Anne Dennemoser & Christine Gray Box Hill program: Pager: 9895 3333 #4000 Contact: Yvonne Chan Website: www.lgfb.org.au	Maroondah Hospital Box Hill Hospital Barry Firkin Conference Room, Level 5 Clive Ward Building
Eastern Health – Breast Cancer Support Group			
Maroondah & Angliss Hospitals A support group for women who have or have had breast cancer & their carers/family The group provides a forum to share feelings and experiences & to provide support and positive engagement Meetings at Maroondah take place on the 3 rd Friday of each month from 1.30pm – 3.00 pm Meetings at Angliss take place on the 3 rd Wednesday on Month from 11:00am – 1:00 pm	Anyone can refer	Maroondah group: Phone: 9871 3586 or 9871 3333 # 0076 Contact: Mary-Anne Dennemoser & Christine Gray Angliss group: Phone: 9764 6170 Contact: Maria Stirling	Maroondah Breast Clinic 20 Grey Street RINGWOOD EAST Angliss Hospital - Community Rehab Centre
Eastern Health – Angliss Lymphoedema Clinic			
<ul style="list-style-type: none"> ➤ Assessment and treatment of men and women with lymphoedema ➤ Single practitioner – complicated presentations are referred onto the Mercy Clinic 	Referral by medical staff	Phone: 9764 6150 Fax: 9764 6149	Angliss Hospital Tuesday Mornings
Austin Health – Breast Outpatient Clinic			
Assessment and treatment of non-admitted (ambulatory) patients Staffed by surgical, medical & nursing staff Conducted Wednesday afternoons For a full list of all the consultative outpatient clinics, refer to the GP access page of the Austin Health website: www.austin.org.au/	Referrals by medical staff only	Phone: 9496 2900 Fax: 9496 2097 Outpatient GP liaison nurse: Ann Steven Phone: 9496 2533 Email: gpopreferral@armc.org.au	Breast Clinic: Repatriation campus: Ground Floor, Tobruk Building
Austin Health – Breast Care Nurses			
<ul style="list-style-type: none"> ➤ Information, education, counselling and support to women & their families ➤ Diagnosis, postoperative, outpatient & telephone follow-up & support ➤ Information on fitting of breast prostheses ➤ Education to staff, community and health professionals on issues related to the ongoing management of breast diseases ➤ Discussion & referral to support services 	Referrals by medical & allied health staff	Phone: 9496 3715 Pager: 9496 5000 # 3494 Breast Care Nurse Consultants: Irene Aardoom & Liz Foster	Austin Hospital campus Tuesday - Thursday 8am - 4.30pm Friday 8am - 2.30pm



BREAST CANCER SERVICES



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Austin Health – Sexual Health Service				
<ul style="list-style-type: none"> ➤ Assessment/education/information on sexual difficulties/concerns to inpatients, outpatients and family members ➤ Provision of equipment to patients with sexual difficulties ➤ Provision of patient information on all areas relating to sexuality ➤ Information/education on sexual health issues to staff/community providers ➤ Assessment/discussion on issues impacting on self-esteem and body image <p>Patients can be seen for multiple sessions Good links with psychology services at Austin Health There are no geographical boundaries, if patients are willing to travel</p>	<p>Health professionals Patients can also self refer Patients do NOT need to have been an Austin Health patient</p>	<p>Phone: 9490 7232 Pager: 9496 5000 # 4871</p> <p>Sexual Health Nurse Consultants: Thea Connor & Sue Dickson</p> <p>Email: sexualhealth.service@austin.org.au</p>	<p>Austin Hospital - Royal Talbot</p> <p>Monday, Tuesday, Thursday, Friday</p>	
Austin Health – Familial Cancer Genetics Counselling Service				
<p>This service provides counselling support and information about familial cancer services Familial breast & bowel clinics are conducted on a regular basis The clinic is staffed by a clinical geneticist & genetic counsellors Patients do NOT need to have been an Austin Health patient</p>	<p>Referrals by medical & allied health staff can be faxed or mailed to the Genetics Department</p>	<p>Phone: 9496 3027 Fax: 9496 5123</p> <p>Genetic Counsellors: Elly Lynch & Amanda Sherwen</p>	<p>Austin Hospital - Repat Outpatients Department</p>	
Austin Health – Transitions Program				
<ul style="list-style-type: none"> ➤ Series of 4 sessions to assist women to identify necessary resources & information ➤ Women must have completed hospital based treatment for EARLY breast cancer within the last 6 months ➤ Sessions are conducted by a multidisciplinary team including psychologists, breast care nurses, sexual health nurses & social workers & are held twice yearly <p>Session 1: Life after cancer: living with uncertainty Session 2: Coping with the reactions of children, family & others after breast cancer Session 3: Intimacy and sexuality after breast cancer Session 4: Creating the life I want after breast cancer</p>	<p>Self referrals</p>	<p>Phone: 9496 3715</p> <p>Breast Care Nurse Consultant: Liz Foster</p> <p>Email: elizabeth.foster@austin.org.au</p>	<p>Austin Hospital campus</p>	
Austin Health – Look Good Feel Better Program				
<p>This program aims to help people manage the appearance-related side effects of chemotherapy, surgery and radiotherapy; thereby helping to restore their appearance & self image</p> <ul style="list-style-type: none"> ➤ A free service for men & women undergoing or about to undergo surgery, radiotherapy or chemotherapy for cancer ➤ Workshops are 2 hrs in duration & are conducted by specially trained and experienced beauty professionals ➤ Participants are only able to attend one workshop ➤ At Austin, workshops are run 6 times/yearly for women & 3 times/yearly for men 	<p>Health professionals Patients can also self refer</p>	<p>Phone: 9496 5105</p> <p>Women's program coordinator: Kim Brookshaw</p> <p>Men's program coordinator: Andrew Smith</p> <p>Website: www.lgfb.org.au</p>	<p>Austin Hospital campus: Zeltner Hall</p>	
Mercy Hospital for Women – Lymphoedema Clinic				
<ul style="list-style-type: none"> ➤ Assessment, diagnosis & treatment of men, women & children with lymphoedema by a multidisciplinary team ➤ Education sessions for those who have lymphoedema and those "At Risk" of developing lymphoedema ➤ Exercise groups & monthly information sessions for all patients of the clinic ➤ Information to health professionals & the public on the management of lymphoedema ➤ Administers the Lymphoedema Compression Garment Program, which provides financial assistance for the purchase of compression garments to pension holders & low income earners 	<p>Referrals by medical staff only Written medical referrals essential</p> <p>No referral necessary for "At Risk" Information Sessions</p>	<p>Phone: 8458 4949 Fax: 8458 4951</p> <p>Tuesday 9am – 5pm Friday 9am – 3pm</p> <p>For enquiries outside these hours contact the East Melbourne office on 8458 4990</p>	<p>Mercy Hospital for Women HEIDELBERG</p>	
Northern Health – Ambulatory Care Outpatient Department				
<p>Assessment and treatment of non-admitted (ambulatory) patients Staffed by medical, nursing and allied health For a full list of the medical speciality clinics & timetable, refer to the GP access page of the Northern Health website: www.nh.org.au/</p> <p>Multidisciplinary Breast Clinic – Friday morning Breast care clinical nurse consultants are an integral part of the multidisciplinary breast care team & provide patients/carers with education, advice, support & counselling at all stages Breast Care Nurses - Kathy Wallace & Carmel Ryan</p>	<p>All health professionals GPs, External Specialists, HMOs, VMOs & allied health</p> <p>Referrals must be completed on Outpatient/Ambulatory Care GP referral form</p>	<p>General: Phone: 8405 8335 Fax: 8405 8761</p> <p>Breast clinic: Phone: 8405 8751 or 8405 8072</p> <p>Breast care nurses: Phone: 8405 8805 Fax: 8405 8583</p>	<p>The Northern Hospital</p>	
Northern Health – Look Good Feel Better Program				
<p>For general description refer <i>Austin Health Look Good Feel Better program</i> information Northern Health provides a women's program Dates for workshops in 2009: 17th Feb, 21st April, 30th June, 1st Sept, 10th Nov</p>	<p>Health professionals Patients can also self refer</p>	<p>Phone: 8405 8756 Program coordinators Jeanne Potts - Day Oncology NUM & Breast care nurses</p>	<p>The Northern Hospital</p>	
Northern Health – North Western Breast Cancer Support Group				
<p>A support group for women who have or have had breast cancer & their carers/family members Meet 2nd Monday of each month & from 1.30pm -3.00pm</p>	<p>Anyone can refer</p>	<p>Phone: 9401 2030 – Veronica Jeffrey Phone: 8405 8805 – Breast care nurses</p>	<p>The Northern Hospital Education Centre</p>	
OTHER RELEVANT SERVICES				
<p>National Breast & Ovarian Cancer Centre</p> <p>Australia's national authority & information source on breast & ovarian cancer. Provides printed & online resources</p> <p>Contact: 9816 8266 www.nbocc.org.au</p>	<p>BreaCan</p> <p>An information & support service for people affected by breast or gynaecological cancers, their families & friends</p> <p>Contact: 1300 781 500 www.breacan.org.au</p>	<p>The Cancer Council Victoria Helpline</p> <p>A confidential telephone information and support service where people can talk to cancer nurses about their concerns/questions They can also provide information on support groups in the local area</p> <p>Contact: 13 11 20 www.cancervic.org.au</p>	<p>Breast Cancer Network Australia</p> <p>A national organization that aims to empower, inform, represent & link together people whose lives have been affected by breast cancer</p> <p>Contact: 1300 785 562 www.bcna.org.au</p>	<p>Lymphoedema Association of Victoria</p> <p>Provides support & information on lymphoedema and the treatment of this condition.</p> <p>Contact: 1300 852 850 www.lav.org.au</p>